

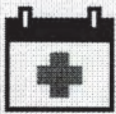
## WELCOME TO IRIS

Iris manages the Advance Care Planning program that is provided to you at no charge by your healthcare team.

### WHAT IS COMPREHENSIVE ADVANCE CARE PLANNING?

Comprehensive Advance care planning (CACP) is an ongoing process in which you, your loved ones and your doctors discuss your goals and values and how they affect your current and future medical care. This type of healthcare planning includes the creation of formal documents containing your medical care preferences are called advance directives, and include a living will or medical power of attorney.

### HOW IRIS WORKS



We explain our services and schedule your CACP appointment.



Keep this in a safe place to refer back to when we call.



Feel free to call us with any questions.  
**1-800-845-2081**

### THE CONVERSATION

Connect directly with one of our healthcare professionals to consider your future treatment options and make sure everyone understands what matters to you most.

- What values and goals are important to you?
- Who needs to stay informed about your decisions?
- How and where do you want future care to be delivered?
- What happens as things change over time?

“ Advance Care Planning helped me understand what I want out of my healthcare. It also opened my eyes to things I never knew I should think about before these decisions.”







— Susan George | Binghamton, NY



## WHY IS CACP IMPORTANT?

- CACP documents your preferences in writing, acting as a clear guide for your family and doctors
- CACP allows you to choose a medical decision-maker for when you are unable to speak for yourself
- Your preferences for medical care may change over time and CACP can keep your documents up to date

## COMMON MYTHS ABOUT CACP

Myth:  I already know what care I want in a medical emergency	Truth:  CACP conversations discuss choices and options many people have not considered
Myth:  ACP is focused only on End of Life (EOL) decisions	Truth:  CACP conversations discuss your preferences for ANY changes in your health
Myth:  Once my documents are completed, ACP is done	Truth:  CACP documents do not expire. It is good to re-visit over time and after big life events

## BENEFITS OF IRIS



**EXPERT KNOWLEDGE**  
Dedicated **healthcare experts**



**DIRECT ACCESS**  
Questions to ask your doctors



**FAMILY SUPPORT**  
Coordination with your loved ones so everyone stays informed



**FOLLOW UP**  
Ongoing support with CACP documents and caregiver support